

Edith Garret



I have always loved music, and whenever I hear any music, I am inspired to move to the beat. My love for dance began at an early age, starting with ballet lessons at age 8, and I have never stopped dancing since. Many forms of dance have influenced my dance style, including ballet, modern dance, hip hop, Bollywood and belly dance. I started taking belly dancing classes from Marjorie at Mirage School of Dance in 1999, and it has been a passion of mine ever since. I have taught belly dancing classes since 2005, in Cheyenne, as well as Eaton and Greeley, CO. In 2019, I was introduced to ZUMBA Fitness Dance, and find it a wonderful combination of Dance and Exercise. I received my Zumba Basic and Zumba Gold teaching certification in February 2020, and thoroughly enjoy teaching Zumba, helping my students improve their physical fitness in a fun dance environment.